



Parent Talk *presents*

Parenting Workshops & Webinars

Become the best parent you can be **Fall 2014**

Live Online Webinars

Now you have a choice of how you get your parenting information. Come in person to a workshop or attend a webinar in the comfort of your own home. Our new online webinars allow you to learn and interact with our parenting experts without the travel. See our website for more details.

Webinar packages now include one-on-one parent coaching.

“As a parent of two, I can’t say enough about Karen and how much her workshops have helped us! Karen is extremely knowledgeable, encouraging and a true parenting expert. She provided us with practical tools and strategies to help us become better and more confident parents. I highly recommend Karen’s workshops.”

– Shaila Karim, Education Program Specialist

FALL COURSES

Raising a Responsible Child

New! Do you have to nag, remind, and threaten just to get your child to take care of their responsibilities? Do you often end up doing their work for them? Whether it’s putting laundry away or completing school assignments, your child must learn how to cope with life’s demands. This workshop/webinar zeros in on the steps you can take to help your kids handle their responsibilities without arguing or pampering.

Help! My Child Won’t Listen

New! Is it hard to get your child to cooperate? Does it feel like everything’s a battle? Power struggles are one of the most common yet difficult parenting challenges. Understand the dynamics behind this stressful problem and learn effective, simple strategies to “defuse” power and improve cooperation and harmony.

Raising a Self-Confident, Resilient Child

Do you feel your child lacks self-confidence? Does this problem impact school or friendships? Research has shown that children with high self-esteem have an advantage in dealing with life’s challenges. This workshop/webinar gives you strategies to help your child develop resilience and healthy self-esteem. Encouragement, perfectionism, praise, and handling mistakes without discouragement are all examined in this enlightening workshop.

Say Good-bye to Homework Hassles

New! Is the nightly hour of homework a negative experience for both you and your child? Not all homework problems are the same and each requires a tailored solution. Learn how to help your child handle this important responsibility and establish good study habits – vital tools for their future academic success.

Parenting Without Anger

All parents get angry but if you feel that anger is having a negative impact on your family, this workshop/webinar is a must for you. Learn the important skills of positive communication and problem solving to help you maintain a respectful atmosphere in your family. Proven tools such as family meetings, listening techniques, and conflict resolution will be covered.

New e-book!

The Parenting Toolkit: Ten Extraordinary Inventions Guaranteed to Solve Real, Everyday Problems

by Karen Skinulis Fresh, entertaining, and not your run-of-the-mill parenting book. *The Parenting Toolkit* shows you how 10 essential parenting principles can bring out the best in your kids. **Available online this fall, exclusively on Kobo.**

One-on-One Parent Coaching

In Your Home. At Our Office. Over the Phone.

Our individual parenting consultations can help you reach your parenting goals. In private, confidential, one-on-one sessions, you have an opportunity to zero in on your own specific concerns, questions, and child-rearing challenges.

We also offer Family, Couple and Individual Counseling.

Newsletter!

Helpful tips, insightful articles, and answers to your most perplexing questions. Subscribe online or email parenttalk.ca@gmail.com.

Strategies • Tools • Solutions • Skills • Inspiration

www.practicalparenting.ca • 905-508-5240 • parenttalk.ca@gmail.com

Parent Talk – Fall 2014 Workshop & Webinar Schedule – York Region

Workshop #	Location	Address	Room	Day	Dates	Time
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For special savings, go to our website and check out our new workshop packages
All prices include HST

Say Good-bye to Homework Hassles One- Evening Workshop – \$40/person \$70/couple

	Richmond Hill					
1Y	Loyal True Blue & Orange Home	11181 Yonge St. (N of Elgin Mills)	Room B13	Tuesday	Oct. 21	6:30–8:30pm
2Y	Loyal True Blue & Orange Home	11181 Yonge St. (N of Elgin Mills)	Room B13	Tuesday	Nov. 18	6:30–8:30pm

Raising a Responsible Child AND Parenting Without Anger

Saturday Workshop– \$70/person \$120/couple

3Y	Richmond Hill					
	Loyal True Blue & Orange Home	11181 Yonge St.(N of Elgin Mills)	Room B13	Saturday	Sept. 27	12:00– 4:00pm
4Y	Markham					
	Markham Centennial C.C.	8600 McCowan Rd (N of Hwy 7)	Pool Training Rm	Saturday	Nov.15	12:00– 4:00pm
5Y	Richmond Hill					
	Loyal True Blue & Orange Home	11181 Yonge St.(N of Elgin Mills)	Room B13	Saturday	Dec. 6	12:00– 4:00pm

Help! My Child Won’t Listen AND Raising a Self-Confident, Resilient Child

Saturday Workshop– \$70/person \$120/couple

6Y	Richmond Hill					
	Loyal True Blue & Orange Home	11181 Yonge St (N of Elgin Mills)	Room B13	Saturday	Nov. 1	12:00– 4:00pm
7Y	Woodbridge					
	Ansley Grove Library	350 Ansley Grove Rd. (N of Hwy 7)	Meeting Room	Saturday	Nov. 8	12:00 – 4:00pm

Say Good-bye to Homework Hassles AND Parenting Without Anger

Saturday Workshop– \$70/person \$120/couple

8Y	Markham					
	Markham_Centennial C.C.	8600 McCowan Rd (N of Hwy 7)	Pool Training Rm	Saturday	Oct. 4	12:00– 4:00pm
9Y	Richmond Hill					
	Loyal True Blue & Orange Home	11181 Yonge St (N of Elgin Mills)	Room B13	Saturday	Nov.22	12:00– 4:00pm

Raising a Responsible Child AND Help! My Child Won’t Listen

Saturday Workshop– \$70/person \$120/couple

10Y	Markham					
	Markham_Centennial C.C.	8600 McCowan Rd (N of Hwy 7)	Pool Training Rm	Saturday	Nov. 29	12:00 – 4:00pm
11Y	Woodbridge					
	Ansley Grove Library	350 Ansley Grove Rd. (N of Hwy 7)	Meeting Room	Saturday	Oct. 25	12:00– 4:00pm

Live Online Webinars Now Includes One-on-One Parent-Coaching with select packages*

12W Raising a Responsible Child

Wednesday October 29 7—8 pm

13W Parenting Without Anger

Wednesday Nov. 5 7—8 pm

14W Help! My Child Won’t Listen

Wednesday Nov. 12 7—8 pm

15W Raising a Self-confident, Resilient Child

Wednesday Nov. 19 7—8 pm

16W Say Good-bye to Homework Hassles

Wednesday Nov. 26 7—8 pm

* For more details on our webinar + parent coaching packages, go to our website
www.practicalparenting.ca

Register Online at www.practicalparenting.ca

For other payment options, please call 905-508-5240 or e-mail parenttalk.ca@gmail.com

Order Books Online: www.practicalparenting.ca

Parent Talk, 50 Quick solutions to the Most Common Parenting Challenges, by Shapiro & Skinulis \$25

Practical Parenting, A Common Sense Guide to Raising Cooperative, Self- Reliant and Loving Children by Shapiro & Skinulis\$25
[Prices include taxes, shipping& handling]

The Parenting Toolkit: Ten Extraordinary Inventions Guaranteed to Solve Real, Everyday Problems by Karen Skinulis (e-book only, available exclusively on kobo) \$8.99+tax

Also Available One-on-One Parent Coaching - Call 905-508-5240